

HEALTHY LIFE EXPECTANCY AND ITS POSSIBLE LINK TO HEALTH STATE IN LITHUANIA, 2012-2014

Project implementation period: May 2015 – April 2016

Aim: to estimate and compare healthy life expectancy based on self-perceived health and life expectancy without disability based on official statistics on disability in Lithuania during 2012-2014.

Tasks.

1. To estimate healthy life expectancy of Lithuanian adults during 2012-2014 by administrative regions, age, and sex;
2. To estimate life expectancy without officially registered disability in Lithuania during 2012-2014 by administrative regions, age, and sex;
3. To compare healthy life expectancy and life expectancy without officially registered disability in Lithuania during 2012-2014 by administrative regions, age, and sex.

Study methodology.

In pursuit to realise the set aim the descriptive epidemiological study will be conducted. The chosen population for the study is residents of the Republic of Lithuania of 20+ years of age (in 2012-2014) while evaluating the average expected life expectancy without disabilities (officially recognised), and all the population in the Republic of Lithuania in 2012-2014 while evaluating the healthy life expectancy. The index for HLE and ALE without disabilities will be calculated according to the Sullivan method (1, 2). The Sullivan methodology is realised by creating life-tables, in which the possibility of death and disability according to age is calculated. HLE and ALE without disability life-tables will be created using the Microsoft Excel software.

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