

## **FACTORS ENABLING HEALTH PROMOTING ACTIVITIES IN VOCATIONAL EDUCATION AND TRAINING INSTITUTIONS**

**Project implementation period:** 2016–2017

**Aim.** To estimate health promoting activities and factors enabling their development activities on health promotion in vocational schools.

**Objectives:**

1. To analyse what health promoting activities are implemented in vocational schools.
2. To identify predisposing factors for health promoting activities in vocational schools.
3. To identify barriers for the organization and implementation the activities on health promotion in vocational schools.
4. To assess the lifestyle of the students in vocational schools and factors related to it.

**Methodology.** The qualitative and quantitative research is carried out in 8 Lithuanian vocational education and training institutions (VETIs), in which the initial vocational training is provided to those with basic education and who are seeking to acquire both training leading to a qualification and secondary education, including 4 VETIs belonging to the Lithuanian network of the health promoting schools. The representatives of the administration organizing and implementing the activities on health promotion, social educators, health care specialists and other specialists will be invited to participate in the semi-structured interview. The research will employ an instrument intended to measure the innovation determinants developed by the researchers of the Netherlands Organisation for Applied Scientific Research. The survey of 16–20-year-old students will involve a questionnaire that consists of 31 questions and is made of three blocks of questions – lifestyle, demographic, and general questions related to health literacy – and one open-ended question.

**The expected results.** The results of the qualitative research will allow assessing what factors are important (necessary) for the successful development of activities on health promotion in vocational schools. The survey on the lifestyle of VETI students will allow assessing the lifestyle of this population and the factors related to it. This will help to identify the areas that require solutions at the level of the VTI.

Based on the results of the qualitative and quantitative research, the practical guidelines to facilitate the development of health promotion in other VTIs will be elaborated.

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